



# Popular Hiking Trails



## Dog Friendly Trail Information:

Dogs are allowed on BLM trails, but must be leashed or under voice command. Desert heat can be deadly for dogs. Always carry water for your furry friend and never leave them in a car.

Trail	Trailhead Location	Distance (roundtrip)	Average Time	Description
<b>State Route 128</b>				
Amphitheater Loop	22 miles from Hwy 191, park at Hittle Bottom.	2.8 miles (4.5 km)	2.5 hours	Meander through washes, around boulders, and over benches in the Moenkopi and Cutler sandstones. Trail ascends 250 ft. for sweeping views of the Colorado River.
Fisher Towers Trail	21 miles from Hwy 191, right on dirt road to parking lot	4.4 miles (7.08 km)	4 hours	Features fantastic close up views of the Fisher Towers and Onion Creek area. This trail has little shade and can be exceptionally hot on summer afternoons.
Grandstaff Canyon	3 miles east of Hwy 191	4 miles (6.44 km)	4 hours	Family friendly hike along a perennial stream to Morning Glory Natural Bridge, a 243-foot long rock span. Use caution: poison ivy is present along trail.
Sylvester	18.5 miles from Hwy 191, right onto Professor Valley Rd.	6.54 miles (10.53 km)	5 hours	This trail follows an old cattle trail and travels on sandstone and shale ledges climbing 810 feet to a rise overlooking Castle Valley.
<b>Highway 191</b>				
Dinosaur Stomping Grounds	23 mi. north of Moab to North Klondike MTB trailhead.	3.4 miles (5.47 km)	3 hours	The pedestrian trail starts on a mountain bike trail and branches off to a hiking only trail. Follow rock cairns and painted yellow dots to the Jurassic-age track site. There is a net elevation gain of 459 feet.
Hidden Valley Trail	3 mi. south of Moab, to Angel Rock Rd, to Rimrock Rd.	6 miles (9.66 km)	3 hour	Hidden Valley offers views of Moab Valley and Behind the Rocks. Steep switchbacks lead to more mellow terrain. Just beyond the low pass (~2 miles) the trail connects with the Moab Rim 4WD road.
Ken's Lake Trails	7 mi. south of Moab 191, follow signs for Ken's Lake.	3 miles (4.82 km)	1 hour	Features family-friendly short hikes near water sources. Circumnavigate the reservoir, walk to Faux Falls, and enjoy the Ken's Lake Rock Loop Nature Trail.
<b>State Route 279</b>				
Corona Arch Trail	10 mi. west of Hwy 191.	3 miles (4.82 km)	2 hours	This popular trail features Corona Arch and adjacent Bow Tie Arch. Trail includes two safety cables with steps cut into the slickrock. These may pose difficulty for some hikers and be impassable for dogs.
Jeep Arch Trail	10.3 mi. west of Hwy 191.	4 miles (6.44 km)	3.5 hours	Spectacular views await! Pass through a large metal tunnel beneath the railroad tracks and look for a sign to the left. The gradual rise takes you around fins and spires and finally to the well-named arch.
Longbow Arch Trail	Poison Spider parking area, 5.9 miles from Hwy 191.	2.4 miles (3.22 km)	1.5 hours	This route features dinosaur tracks, rock art, and Longbow Arch. The trail ascends for a 200 foot gain, including a short climb on slick rock (metal handles in rock—may not be suitable for dogs).
Poison Spider Bench	Poison Spider parking area, 5.9 miles from Hwy 191.	2.2 miles (3.54 km)	2 hours	With a 230 ft. elevation gain along the first 1/4 mile, this trail offers striking Colorado River views. After this short climb, the trail levels out. Follow signs to stay on foot path.
Portal Overlook Trail	Jaycee Park Campground, 4.2 miles from Hwy 191	4 miles (6.44 km)	3 hours	Enjoy panoramic views of the Moab Valley, La Sal Mountains, and Colorado River. Keep dogs leashed, as the trail travels along exposed cliff edges. In summer, this trail is largely shaded in late afternoon.
<b>State Route 313</b>				
Dellenbaugh Tunnel	8.4mi west of Hwy 191, turn onto Spring Canyon bottom road, then short distance on Secret Spire Jeep Safari Route	3-4 miles (4.8-6.4 km)	3 hours	This trail offers outstanding views of the high-desert landscape. From the parking area follow painted dots on smooth sandstone for 0.5 miles. At this point, choose between hiking on rock or through grasslands, both of which join a single trail leading to the natural rock tunnel.
<b>Kane Creek Road</b>				
Hunter Canyon	7.5 miles west of Hwy 191	4 miles (6.44 km)	4 hours	Enjoy a free-flowing stream during spring months with cottonwood trees and pools along this canyon hike. A large arch is located high on the right-hand side of the canyon, 0.5 miles from the trailhead.
Stairmaster	1.9 miles west of 500 West.	1.6 miles (2.57 km)	2 hours	This trail is all about aerobic exercise, gaining 910 feet of elevation in just 0.8 miles. The workout is rewarded by great views of the Colorado River.
<b>Sand Flats Recreation Area</b>				
Juniper Loop Trail	6.3 miles past entrance booth on left.	1.9 miles (3 km)	1 hour	Ascend 100 feet to the top of a small mesa for sweeping views and relative solitude. Sections of the trail follow along steep cliff edges. Use caution and follow trail markers.